Sign Up Now! 1st Come, 1st Serve! info@electriccitybaseball.com Call: 570 – 955 – 0471

ABOUT THE CAMP

- → Campers, ages 8 through 18, will receive instruction (both group and individual) on the art of catching.
- → The camp will feature five sessions comprised of different sessions which focus on fundamentals, technique and philosophy.
- → Each camper will receive a detailed written analysis of performance and ability including strengths and weaknesses.
- → Each camper must bring his/her own catching gear and mitt.
- \rightarrow The total cost for the three day camp is <u>\$125.00</u>.
- → You will be notified by email once your application has been received and processed. There are no refunds.

TESTIMONIALS

"I attended many camps directed by ECBSA. I found them all to be fun, informative and an overall great learning experience. I still utilize many of the concepts I discovered at those camps."

\sim Pete Paris

Catcher, Georgia College & State University (NCAA II); River City Rascals "My son has attended many of these camps in the past. I would recommend them to any parent regardless of his/her

~ Joe Mascaro

child's age."

Parent (Old Forge, PA)

"I really felt that I was able to improve my skills. It wasn't so much about the three or four days of work as much as it was taking the lessons I learned at camp and applying that information to improve my ability over the course of months of practice."

> ~ **Dustin Lipik** Player (Scranton, PA)

<u>Checks are made payable to</u>: ECBSA, LLC <u>Mail to</u>: ECBSA 501 Wyoming Avenue, Scranton, PA 18509

Deadline for camp applications is <u>February 2, 2018</u>.



www.electriccitybaseball.com







CATCHER'S DEFENSIVE SKILLS CAMP

FIVE SESSIONS FOR \$125!

SUNDAYS

FEBRUARY 4, 11, 18, 25 & MARCH 4

5:30PM - 7:30PM

ECBSA, LLC 501 Wyoming Avenue Scranton, PA 18509

STEPHEN SUNDAY, CAMP DIRECTOR

- Strength & Conditioning & Speed Coach and Personal Trainer: Present
- Certified Strength Coach and Certified Speed with Multi-Direction
- Assistant baseball coach at Lackawanna College: 2015 Strength & Conditioning Coach/Catching Coach
- Catcher with the Florence Freedom, of the Frontier League Independent league: 2105
- Catcher with the Traverse City Beach Bums, of the Frontier League Independent League: 2014
- Played two years at St. Thomas Aquinas College in New York: 2012-2014
- Holds St. Thomas Aquinas College school record for most runners caught stealing
- Participated in DII College World Series in Carey, North Carolina. Ranked #8 team in the country.
- 1st Team All- Conference: 2014
- 2nd Team All- Region: 2014
- Played 2 years at Sullivan County Community College (New York): 2010 – 2012
- Sullivan County Community College Team Captain: 2012
- NJCAA DII Region 10 Regional Champions: 2011
- 1st Team All Region & All League: 2011-2012
- Nominated 1st Team Academic All-American: 2012
- Leader in team homeruns & Batting Average: 2011
- Played at Bloomsburg University: 2010
- Standout Catcher at West Scranton High School: 2007-2010

Electric City
Baseball & Softball Academy
501 Wyoming Avenue
Scranton, PA 18509
Phone: 570-955-0471
Fax: 570-955-0768

Book your try-outs or practices now at the Electric City Baseball & Softball Academy's facility! Check our website for private lesson and camp information.

Our New Facility Includes

- Fully turfed 7,000 square foot practice area
- Six batting cages (cages can be retracted for defensive work)
- ATEC armed pitching machines (throws baseballs up to 90mph)
- Portable baseball & softball mounds
- Pro Shop (with baseball equipment & apparel)
- Parents waiting area
- Film Area
- Players Lounge

Individual Cage Rentals

- Half Hour Session \$15
- ✤ Full Hour Session \$25
- Full facility or team pricing: please call for quote

Top Notch Staff of Instructors

- All instructors have college and/or professional coaching experience
- Please see our web-site for updated biographies
- Packages available for multiple lessons and workouts

www.electriccitybaseball.com

Address: City, State, Zip: Bats: L, /R /S Throws: L / R Total Price: [] \$125.00 Emergency Contact Person: Phone: Emergency Contact Person: Phone: Insurance Company: Policy Number: Insurance Com	Name:	Phone:	Age:	
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