

Sign Up Now! 1<sup>st</sup> Come, 1<sup>st</sup> Serve!  
info@electriccitybaseball.com  
Call: 570 – 955 – 0471

STAMP

### **ABOUT THE CAMP**

- Campers, ages 8 through 18, will receive instruction (both group and individual) on the art of catching.
- The camp will feature five sessions comprised of different sessions which focus on fundamentals, technique and philosophy.
- Each camper will receive a detailed written analysis of performance and ability including strengths and weaknesses.
- Each camper must bring his/her own catching gear/
- The total cost for the three day camp is \$100.00.
- You will be notified by email once your application has been received and processed. There are no refunds.

### **TESTIMONIALS**

“I attended many camps directed by ECBSA. I found them all to be fun, informative and an overall great learning experience. I still utilize many of the concepts I discovered at those camps.”

~ **Pete Paris**

Catcher,  
Georgia College & State University  
(NCAA II); River City Rascals

“My son has attended many of these camps in the past. I would recommend them to any parent regardless of his/her child’s age.”

~ **Joe Mascaro**

Parent (Old Forge, PA)

“I really felt that I was able to improve my skills. It wasn’t so much about the three or four days of work as much as it was taking the lessons I learned at camp and applying that information to improve my ability over the course of months of practice.”

~ **Dustin Lipik**

Player (Scranton, PA)

Checks are made payable to: ECBSA, LLC

Mail to: ECBSA

501 Wyoming Avenue, Scranton, PA 18509

**Deadline for camp applications is**

**February 3, 2017.**

**ECBSA, LLC**  
501 Wyoming Avenue  
Scranton, PA 18509

www.electriccitybaseball.com

**ELECTRIC CITY**  
BASEBALL



**2017**  
**CATCHER’S DEFENSIVE**  
**SKILLS CAMP**

**FIVE SESSIONS FOR \$100!**

**SUNDAYS**

**FEBRUARY 5, 12, 19, 26 & MARCH 5**

**10:00AM – 12:00PM**

# STEPHEN SUNDAY CAMP DIRECTOR

- Strength & Conditioning & Speed Coach and Personal Trainer: Present
- Certified Strength Coach and Certified Speed with Multi-Direction
- Assistant baseball coach at Lackawanna College: 2015 Strength & Conditioning Coach/Catching Coach
- Catcher with the Florence Freedom, of the Frontier League Independent league: 2105
- Catcher with the Traverse City Beach Bums, of the Frontier League Independent League: 2014
- Played two years at St. Thomas Aquinas College in New York: 2012-2014
- Holds St. Thomas Aquinas College school record for most runners caught stealing
- Participated in DII College World Series in Carey, North Carolina. Ranked #8 team in the country.
- 1<sup>st</sup> Team All- Conference: 2014
- 2<sup>nd</sup> Team All- Region: 2014
- Played 2 years at Sullivan County Community College (New York): 2010 – 2012
- Sullivan County Community College Team Captain: 2012
- NJCAA DII Region 10 Regional Champions: 2011
- 1<sup>st</sup> Team All Region & All League: 2011-2012
- Nominated 1<sup>st</sup> Team Academic All-American: 2012
- Leader in team homeruns & Batting Average: 2011
- Played at Bloomsburg University: 2010
- Standout Catcher at West Scranton High School: 2007-2010

**Electric City  
Baseball & Softball Academy**  
501 Wyoming Avenue  
Scranton, PA 18509  
Phone: 570-955-0471  
Fax: 570-955-0768

**Book your try-outs or practices now at the Electric City Baseball & Softball Academy's facility! Check our website for private lesson and camp information.**

### Our New Facility Includes

- ❖ Fully turfed 7,000 square foot practice area
- ❖ Six batting cages (cages can be retracted for defensive work)
- ❖ ATEC armed pitching machines (throws baseballs up to 90mph)
- ❖ Portable baseball & softball mounds
- ❖ Pro Shop (with baseball equipment & apparel)
- ❖ Parents waiting area
- ❖ Film Area
- ❖ Players Lounge

### Individual Cage Rentals

- ❖ Half Hour Session - \$15
- ❖ Full Hour Session - \$25
- ❖ Full facility or team pricing: *please call for quote*

### Top Notch Staff of Instructors

- ❖ All instructors have college and/or professional coaching experience
- ❖ Please see our web-site for updated biographies
- ❖ Packages available for multiple lessons and workouts

**[www.electriccitybaseball.com](http://www.electriccitybaseball.com)**

Electric City BASEBALL CAMP APPLICATION – Return with payment by 2/3/17

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Bats: L / R / S Throws: L / R Total Price:  \$100.00

Emergency Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Policy Number: \_\_\_\_\_

*I do hereby voluntarily consent to examination and emergency service treatment, including the administration of such drugs, infusion and/or transfusion of blood components deemed necessary in the judgment of the physician(s) and whoever may be delegated as assistants of the medical staff or nearby hospital. I certify that I have read and fully understand the consent given herein. I also certify that no guarantee or assurance has been made as to the results that may be obtained. I also agree not to sue Paul McGloin, Electric City Baseball nor Connell Park Little League. The undersigned intends to be legally bound hereby.*

Disabilities or Limitations \_\_\_\_\_ Authorized Signature \_\_\_\_\_ Date \_\_\_\_\_ Relationship \_\_\_\_\_

Your email address (required for confirmation): \_\_\_\_\_